



St. Joseph's Church Wilton

Telephone: 021- 4341362 Website: www.smawilton.ie email: stjosephschurchwilton@sma.ie



Corpus Christi.

What can we do to respond to Jesus' self-giving in the Eucharist?

Some people who eat Jesus' flesh and drink his blood, do not recognise that they must have the same self-giving generosity that he has. What are the obstacles to our self-giving to Jesus and to each other today?

IF I COULD TELL

you anything to save you the time and the lessons in this life, I would tell you to never let anything that happens to you turn you bitter. Don't let the pain of something that was out of your hands turn you cold, love. Stay soft, as hard as that is sometimes, try. Try with all of your heart to stay tender. I know there's a lot of things that hurt, take us to our knees and threaten our hearts with a stone cold grudge. Let it go. You can't change it, but you can choose to not let it change you. Don't let the pain define you. You are bigger than that. I hope you know. You are never how someone makes you feel. Let it hurt, then let it heal. But don't linger there. Remember who you are and rise.

Stephanie B. Henry / Power of Words 



100th Anniversary of Cork City Eucharistic Procession.

The Diocese is recognising the 100th Anniversary of the Cork City Eucharistic Procession which will take place in the city on the 7th of June. All parishes are urged to highlight this event. Our parish has proposed that we try and set up our own 100 hours of adoration in our parish to commemorate the occasion. We thank all those people who signed up for our display. Over 100 people nominated themselves to represent our parish. Scan the QR code to view a Eucharistic Procession from Bandon in 1941.



The Communion Procession At Mass (Something to think about).

At every Mass, a quiet but deeply meaningful moment unfolds. The faithful rise from their places and begin to move forward, step by step, in procession to receive Communion. To many it may seem like a simple, practical arrangement. Yet in reality, this movement is rich in meaning – it reveals something profound about who we are and where we are going.

Every step carries meaning: a turning away from sin; a desire for grace; a response to Christ's invitation.

The Communion procession is our response to that call. It is faith made visible. We do not remain where we are – we move toward Him.

THINK ABOUT IT!

DESCRIBING GRIEF.

Any person who has experienced grief will appreciate the following poem. It was contained in the memorial booklet of Ann Twomey, recently deceased. The poem was written by Ann; may she rest in peace.

"DESCRIBING GRIEF" by Ann Twomey

Grief takes you on a journey
Through emotions unimaginable
Down a rocky road
Akin to a ride on an Irish jaunting car
But you get there
Re-channeling the passion of grief
Into a positive force
For future action and change
To live and experience joy again
Yet

Just as love lasts forever – so does grief
It never fully goes away

Tax Back 2026.

We thank our parishioners who are participating in our Tax Back 2026 program. Reports from the Parish Finance Office are that so far this year, **€10,000 plus** has been received from Revenue based on 2025 contributions, into our parish funds at no expense to anyone, only at the *inconvenience of members* participating in the program. This is only the beginning and there is more to come from 2025. We thank those members who participated.

The Comboni Fathers.

During this weekend, we welcome to our parish a priest of the Comboni community. He will be making a special appeal on behalf of his congregation for financial support. I trust that we will be generous, as always, to his appeal. Any income from the sale of books in the church, and any donations to charity received this week will be added to the appeal.

The congregation was founded on 1 June 1867 by [Daniele Comboni](#). In 1854, Comboni was ordained a priest, and on 14 February 1858, he settled in Central Africa along with five missionary companions. The mission went poorly; the climate was harsh and the missionaries became ill. Some died within a few months, and in 1859 Comboni himself decided to leave Africa and return home.

The missionary society, originally called the Sons of the Sacred Heart of Jesus, was approved on 8 December 1871. On 31 July 1877, Comboni was named [Apostolic Vicar](#) of Central Africa and travelled to [Khartoum](#), where he died in 1881.

 SMA Church & Parish Centre

smawilton



ENTRANCE ANTIPHON

He fed them with the finest wheat and
satisfied them with honey from the rock.

PENITENTIAL ACT

Lord Jesus, you are mighty God
and prince of peace:

Lord, have mercy. **Lord, have mercy.**

Lord Jesus, you are Son of God
and Son of Mary:

Christ, have mercy. **Christ, have mercy.**

Lord Jesus, you are Word made flesh
and splendour of the Father:

Lord, have mercy. **Lord, have mercy.**

May almighty God have mercy on us..... **Amen**

THE GLORIA

Glory to God in the highest,
and on earth peace to people of good will.

We praise you, we bless you,
we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. **Amen.**
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father
have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. **Amen.**

OPENING PRAYER

O God, who in this wonderful Sacrament
have left us a memorial of your Passion,
grant us, we pray, so to revere the sacred
mysteries of your Body and Blood that we
may always experience in ourselves the fruits
of your redemption.

Who live and reigns...

✠ LITURGY OF THE WORD ✠

FIRST READING *Deuteronomy 8:2- 3.14-16*

A reading from the book of Deuteronomy
Moses said to the people: 'Remember how
the Lord your God led you for forty years in
the wilderness, to humble you, to test you and
know your inmost heart - whether you would
keep his commandments or not. He humbled
you, he made you feel hunger, he fed you with
manna which neither you nor your fathers



THE MOST HOLY BODY AND BLOOD OF CHRIST

(Corpus Christi)

7th June 2026

Today is our celebration that Jesus is present always with us,
in signs we can recognise but not understand.

had known, to make you understand that man
does not live on bread alone but that man lives
on everything that comes from the mouth of the
Lord.

'Do not then forget the Lord your God who
brought you out of the land of Egypt, out of the
house of slavery: who guided you through this
vast and dreadful wilderness, a land of fiery
serpents, scorpions, thirst; who in this waterless
place brought you water from the hardest rock;
who in this wilderness fed you with manna that
your fathers had not known.'

The word of the Lord. Thanks be to God.

RESPONSORIAL PSALM (Psalm 147)

R. O praise the Lord, Jerusalem!

or Alleluia!

1. O praise the Lord, Jerusalem!
Zion, praise your God!
He has strengthened the bars of your gates,
he has blessed the children within you. **(R)**
2. He established peace on your borders,
he feeds you with finest wheat.
He sends out his word to the earth
and swiftly runs his command. **(R)**
3. He makes his word known to Jacob,
to Israel his laws and decrees.
He has not dealt thus with other nations;
he has not taught them his decrees. **(R)**

SECOND READING 1 Corinthians 10:16-17

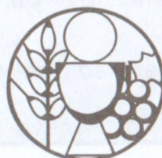
A reading from 1st letter of St. Paul to the Corinthians
The blessing-cup that we bless is a communion
with the blood of Christ, and the bread that we
break is a communion with the body of Christ.
The fact that there is only one loaf means that,
though there are many of us, we form a single
body because we all have a share in this one
loaf.

The word of the Lord. Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia!

**I am the living bread which
has come down from
heaven, says the Lord.
Anyone who eats this bread
will live for ever. Alleluia!**



GOSPEL John 6:51-58

A reading from the holy Gospel according to John
Jesus said to the Jews:

'I am the living bread which has come down
from heaven. Anyone who eats this bread will live
for ever; and the bread that I shall give is my
flesh, for the life of the world'.

Then the Jews started arguing with one another:
'How can this man give us his flesh to eat?' they
said. Jesus replied:

'I tell you most solemnly, if you do not eat the
flesh of the Son of Man and drink his blood,
you will not have life in you. Anyone who does
eat my flesh and drink my blood has eternal life,
and I shall raise him up on the last day.

For my flesh is real food and my blood is real
drink. He who eats my flesh and drinks my blood
lives in me and I live in him.

As I, who am sent by the living Father,
myself draw life from the Father,
so whoever eats me will draw life from me.
This is the bread come down from heaven;
not like the bread our ancestors ate:
they are dead,
but anyone who eats this bread will live for ever'
The Gospel of the Lord.

Praise to you Lord Jesus Christ.

NICENE CREED

I believe in one God the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with
the Father; through him all things were made.
For us men and for our salvation
he came down from heaven,

All bow for following three lines:
and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.
For our sake he was crucified
under Pontius Pilate, he suffered death and
was buried, and rose again on the third day in
accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.



He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver
of life, who proceeds from the Father and
the Son, who with the Father and the Son is
adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic
and apostolic Church.
I confess one Baptism for the forgiveness
of sins and I look forward to the resurrection
of the dead and the life of the world to come.
Amen.

✠ LITURGY OF EUCHARIST ✠

Pray, brothers and sisters,

**May the Lord accept the sacrifice at your
hands for the praise and glory of his
name, for our good and the good of all his
holy Church.**

PRAYER OVER THE OFFERINGS

Grant your Church, O Lord, we pray,
the gifts of unity and peace, whose signs are
to be seen in mystery in the offerings we
here present. Through Christ our Lord.

EUCHARISTIC PRAYER

The Lord be with you. **And with your spirit.**

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

AFTER THE CONSECRATION

The mystery of faith.

**When we eat this Bread and drink this
Cup, we proclaim your Death, O Lord,
until you come again.**

INVITATION TO HOLY COMMUNION

**Lord, I am not worthy that you should
enter under my roof, but only say the
word and my soul shall be healed.**

COMMUNION ANTIPHON

**Whoever eats my flesh and drinks my
blood remains in me and I in him, says
the Lord.**

PRAYER AFTER COMMUNION

Grant, O Lord, we pray, that we may delight
for all eternity in that share in your divine life,
which is foreshadowed in the present age
by our reception of your precious Body
and Blood.

Who live and reign for ever and ever.