



St. Joseph's Church Wilton

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The Gospel.

Fourth Sunday in Ordinary Time (Cycle A) "You are the light of the world".

Jesus did not say: "You are to become the salt the light". It is not in our own talents or by our own doing that we are the salt and light. It's a dignity and a responsibility given by God and implanted in us. Your call is to let Christ-in-you be seen through your attitudes and actions.

Why does the Church find it difficult today to go beyond the door of the Church?

Our Lady Of Lourdes Annual Novena.

The Annual Novena in honour of our Lady of Lourdes will conclude in our church on the 11th of February during the 10.a.m. Mass.

New Parish Initiative For Prayer.

As we are located near to CUH and Bru Columbanus, many people come to our church. In their time of need they come among us and would like to feel that we identify with their prayers. As a way of responding to their need and also to our members who would like to feel that their prayer is also our prayer, a book has been placed in the middle of the church. People are invited to write their particular intention in the book. All intentions included will be remembered at each Mass in the Parish. Also, people are welcome to read the prayer intentions. Taking time to do so just might help to put our own prayer petitions into perspective.

Sharing in the Masses and prayers of the members of the Society of African Missions is a meaningful way to remember a deceased loved one, to celebrate an occasion or to let family or friends know that they are in your thoughts and prayers.

Cards are now available online
at the SMA website www.sma.ie

Click on **ORDER CARDS**, choose the ones you want and they will be posted to you promptly.



ST JOSEPH'S SMA PARISH WILTON

GOING DEEPER DURING LENT TO BETTER PREPARE FOR EASTER

SAT 7TH FEB

11.00AM TO 4.00PM



Wilton Parish is hosting a day of reflection with Fr. Tom McNamara SMA, who has been hearing confessions in Knock Shrine for the past 6 years.

What has Fr. Tom learnt? What insights, as a priest, has he come upon after listening to all those confessions? Could he help us to go deeper, and better prepare ourselves to experience the coming of the Spirit at Easter?

Join us for a quiet, reflective day, to better prepare us to know what the Ash of Ash Wednesday will mean to us as individuals, and as a community, as we prepare for the Season of Lent.

Please register in the Mass Office in
advance of the event

Fee: €20



SMA Journal Special Edition.

Welcome to this special edition of the SMA Journal featuring the late Seán Ó Sé who died on the 13th of January 2026.

In an interview recorded over a year ago in SMA House Wilton, Cork, Seán Ó Sé talks about his own connection with the SMA. May he rest in peace. Scan the QR code to view the interview.



Children's St. Valentine's Day Party

SATURDAY, FEBRUARY 14TH

10:00 Mass St. Joseph's Church, Wilton Rd, Cork

10:30 - 12:30 Party SMA Parish Centre, Wilton, Cork

*Adoration & Confession available after Mass

JOIN US FOR:
CRAFTS,
GAMES,
SWEETS AND
MORE!



RSVP:



**Children must be accompanied by a parent/guardian at all times

ENTRANCE ANTIPHON

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

GREETING

The Lord be with you. **And with your spirit.**

PENITENTIAL ACT

Lord Jesus, you raise us to new life:

Lord, have mercy. **Lord, have mercy.**

Lord Jesus, you forgive us our sins:

Christ, have mercy. **Christ, have mercy.**

Lord Jesus, you feed us with your body and blood:

Lord, have mercy. **Lord, have mercy**

May almighty God have mercy on us..... Amen.

THE GLORIA

Glory to God in the highest,
and on earth peace to people of good will.

We praise you, we bless you,
we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world, receive our prayer;
you are seated at the right hand of the Father, have mercy on us.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.



OPENING PRAYER

Keep your family safe, O Lord, with unfailing care, that, relying solely on the hope of heavenly grace, they may be defended always by your protection.
Through our Lord Jesus Christ.

✠ LITURGY OF THE WORD ✠

FIRST READING Isaiah 58: 7 - 10

A reading from the prophet Isaiah

Thus says the Lord:

Share your bread with the hungry,
and shelter the homeless poor,
clothe the man you see to be naked



FIFTH SUNDAY IN ORDINARY TIME

International Day of Prayer and Awareness against Human Trafficking

The followers of Jesus are the "light of the world" if they are seen to care for the oppressed, the hungry and the homeless. When such care is shown then the light of Christ is seen in our world.

8th February 2026

and turn not from your own kin.
Then will your light shine like the dawn
and your wound be quickly healed over.

Your integrity will go before you
and the glory of the Lord behind you.
Cry, and the Lord will answer;
call, and he will say, 'I am here.'

If you do away with the yoke,
the clenched fist, the wicked word,
if you give your bread to the hungry,
and relief to the oppressed,
your light will rise in the darkness,
and your shadows become like noon.

The word of the Lord. Thanks be to God.

RESPONSORIAL PSALM Ps. 111: 4 - 9

R. The good man is a light in the darkness for the upright.

1. He is a light in the darkness for the upright:
he is generous, merciful and just.
The good man takes pity and lends,
he conducts his affairs with honour. (R)
2. The just man will never waver:
he will be remembered for ever.
He has no fear of evil news;
with a firm heart he trusts in the Lord. (R)
3. With a steadfast heart he will not fear;
open-handed, he gives to the poor;
his justice stands firm for ever.
His head will be raised in glory. (R)

SECOND READING 1 Corinthians 2:1 - 5

A reading from the first letter of St. Paul to the Corinthians

When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And

I did this so that your faith should not depend on human philosophy but on the power of God.

The word of the Lord. Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia!

I am the light of the world,
says the Lord, anyone who
follows me will have the light
of life. Alleluia!



GOSPEL Matthew 5:13 - 16

A reading from the holy Gospel according to Matthew

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven'.

The Gospel of the Lord.

Praise to you Lord Jesus Christ.

NICENE CREED

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

All bow for following three lines:

and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified



under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

✠ LITURGY OF EUCHARIST ✠

PRAYER OVER THE OFFERINGS

O Lord, our God, who once established these created things to sustain us in our frailty, grant, we pray, that they may become for us now the Sacrament of eternal life. Through Christ our Lord.

AFTER THE CONSECRATION

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

COMMUNION ANTIPHON

Blessed are those who mourn, for they shall be consoled. Blessed are those who hunger and thirst for righteousness, for they shall have their fill.

PRAYER AFTER COMMUNION

O God, who have willed that we be partakers in the one Bread and the one Chalice, grant us, we pray, so to live that, made one in Christ, we may joyfully bear fruit for the salvation of the world. Through Christ our Lord.

CONCLUDING RITE

The Lord be with you. **And with your spirit.**

May the blessing of almighty God, the Father, and the Son, ✠ and the Holy Spirit, come down on you and remain with you for ever. **Amen.**

Go in peace. **Thanks be to God.**

