

St. Joseph's Church Wilton

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Our gift of speech is indeed wonderful. Words can be used in such a variety of ways, especially to uplift, encourage, console and give thanks. But we don't need a reminder to know how poisonous our tongue can be too. We can all recall times when we said something and know that as soon as the words left our lips we had regrets. Such words can knock, cut, swipe, hurt and destroy a friendship or relationship. In our Gospels we never see Jesus gossiping or speaking words maliciously about someone. Sure he challenged but always chose words to uplift, encourage and give hope. Today can I watch how I use my words especially when I use them negatively? Can I make a change?

Health does not always come from medicine. Most of the time it comes from peace of mind, peace in heart, peace of soul. It comes from laughter and love.



ENCOURAGING BIODIVERSITY.

We thank those people who helped create and maintain the floral display in front of the

altar during the month of May which enabled us to highlight the fact that we are concerned and wish to identify with issues of Climate and Biodiversity that concern the world today.

ADULT FAITH FORMATION.

We, the adults in our faith community, are guardians of our faith that must be passed on to the next generation in our society. Our ability to do so will depend upon the faith understanding we can pass on. As a parish we have had a wonderful response from people who offered us their spiritual books which have helped them in their lives. They are being sold at the back of the church at $\mathfrak{E}3$ a book.

As we celebrate the feast of Pentecost, the feast of the coming of God's Spirit, these books can be a great help in enabling people to grow in our faith understanding. Our church today depends upon us to have a mature faith understanding. If you have not done so already, take some time and see if you can find a book that challenges your faith understanding.

Scooch: Scooch takes place every Tuesday afternoon in the SMA Parish Centre from 2 pm. Come along and join in the Fun!!!

THINK ABOUT IT:

Some people are always me-deep in conversation.

KNITTING FOR AFRICA.

Every Monday at 2pm a group of ladies gather in the Parish Coffee Dock and knit for different charities in Africa while also doing some talking!, The amount of knitting they have done is amazing. Any person, male or female, is welcome to join the group. They are an example of positive work being done for a deserving cause in a quiet way by a group of people.

This group was also the inspiration behind the idea of collecting novels to sell in the coffee dock and give the proceeds to charity.

During the past week they handed over €350 to Edel House. They will continue with the selling in support of our new Parish Charity. The Charity for June will be Down Syndrome Cork.



SMA LOURDES PILGRIMAGE.

The SMA Fathers are once again inviting people to join them on our Annual Pilgrimage to Lourdes. It's for 5 nights starting on the **17**th **Sept 2023.** The cost is €879 per person sharing. Full board: breakfast, lunch & dinner each day. Direct return flights from Cork and Dublin direct to Lourdes.

For information and bookings, please contact:

Joe Walsh Tours 01-2410800 or email info@joewalshtours.ie

