



St. Joseph's Church Wilton

Telephone: 021- 4341362 smapcc@eircom.net



What to be: Rabbit or Turtle?

My wish is to live in a universe where the turtle always wins, not only in the story but in actual reality. *"The turtle once challenged a rabbit to have a race with him as he used to make fun of his slowness. The rabbit accepted the challenge. The race started, the rabbit ran very fast. The turtle took its time and was left far behind. The rabbit stopped to take rest under a tree. He fell asleep. The turtle passed him and reached the winning post. The rabbit woke up and ran as fast as he could but couldn't win as the turtle had already reached the finish line first."* Have we failed to take the moral of the story and apply it to our own lives?

We know the turtle won, but did we really believe it could win?

We've transformed from GPRS to LTE networks; from letters to emails and WhatsApp; from Pentium processor speed to Intel core. According to British psychologist, Dr. Richard Wiseman, the overall pace of life has increased by 10% worldwide since the mid-90s. Everything is evolving, everything is getting faster and faster. As humans we always want to keep up, always want to be as fast as the next and new technology, be as quick as the fastest car. But are we capable?

What exactly are we in such a hurry for? Living in the 21st century isn't easy and as slow as things were in earlier centuries, are we really capable of living healthily in the fast-pace life we've created today? There's a lot that needs to be done in our personal lives, families and professional lives. We have jobs to attend to and social lives we desperately want to entertain. All these take our time. Are we capable of trying to balance all these areas of our lives and in so doing feel like we are living with some sense of integrity and meaning?

Perhaps we need to seriously consider taking a moment to slow down, go from gear five to gear three – or even neutral – so that we can find space to be alone, to think, to reflect on what has happened and in what direction our lives may be moving. The big challenge is to have the courage to stop going with the flow, to get out of the fast lane, to slow down. Give the turtle a chance. And remember, a turtle can live for up to 150 years – and it doesn't jog or run! It always lives according to its capability.



Don't take people for granted. No matter how much they love you, people get tired eventually.

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ANNUAL DEVOTIONS - HOLY ROSARY SHRINE LEE ROAD

Monday, August 15th. Bishop John Buckley will be Chief Celebrant at the Mass and Fr. Damian O'Mahony CC. will preach the homily.

Join in reciting the Rosary which will begin at Our Lady's Hospital gate, Lee Road at 6.30 pm and proceed to the Shrine where Mass will start at 7.30 pm.



Monday 15th August

Feast of The Assumption of Our Blessed Lady

and is a Holy day of Obligation.

Mass times schedule is as follows

Monday 15th August

7.25 am, 10 am, 12 noon and 5.35 pm.

Parish contribution to Church Wall Restoration Fund to date stands at €7,053

DIOCESE OF CORK AND ROSS

Catechism of the Catholic Church Adult Studies. September - December

St. Francis Church, Liberty Street Begins: Wednesday 7th September

Time: 7.30 pm - 9.30 pm

Spiritual Director:

Fr. Ronan Connolly, O.P.

Facilitor: Máirín Ní Shuilleabháin,

These studies are open to all adults who wish to have a deeper understanding of the Catholic Faith.

Further details 087 7950325

email: catechism@corkandross.org

Each adult is invited to take **one Restoration Envelope** and with it make a persona donation. Envelopes are available at all church doors. If people could respond with the same generosity as they do for Easter/Christmas dues it will help us realise our target.

Envelopes can be returned to the Mass office or Sacristy, a receipt can be issued if requested. The second collection next weekend is again in aid of the Church Restoration Fund.

August Monthly Charity

*This month we seek your help in supporting a charity called "Support After Crime Services". It is located on the Ground Floor, 4 Anglesea Villas, Anglesea St. Cork. It is a voluntary service available to all people affected by crime. There are some information pamphlets available at the back of the church. **Last week we collected €54.85.***