



Mindfulness – Heartfulness.

There's nothing more beautiful than the uniqueness that God has created in us.

It's just buried like a diamond underneath a pile of garbage.

That is not God's fault, but the misuse of our freedom and the imposition on us of all the negative forces in the environment and our social milieu.

It is a job to climb out of these influences. But all the work is in letting go of those influences and not reinforcing them.

You don't have to create the beauty - you've got the beauty.

You don't have to create the freedom - you've got it.

You don't have to create the image of God in you - you have it.

You don't have to win over God's love - you have more than you know what to do with.

You don't have to become more beautiful - because nothing could be more beautiful than your own particular uniqueness.

(Heartfulness - Thomas Keating)

MINDFULNESS BOOK DISCOUNT

Our first Mindfulness program has begun. To enable people to come to a better understanding of Mindfulness there are a selection of books on sale in the Mass Office at **50% discount**. The discount is possible from income generated from our Pastoral Fund collections. This is a good opportunity for people to clarify for themselves the meaning and the value of the practice of Mindfulness for themselves.

TAX BACK 2019

We thank those members who have now registered for 2019. The only requirement for one to participate is for the person to be a Tax Payer and register their name and address and take a box of envelopes and use them when placing their offerings in the church. Income for the Tax Back program is a major source of income for the parish.

If you can assist, please register and take a box of envelopes from the back of the church.



Unfortunately, the Parish Bulletin cannot be sent by email at the moment. It is available on our webpage: www.smawilton.ie

Cork Simon Christmas Appeal.

A Special thank you to all who supported our appeal in support of the Cork Simon Community. An amount of €5,700 will be handed over to a representative of Cork Simon during the 12am Mass this weekend.

Our current monthly charity is in support of Fr. Donal Fennessy SMA. Fr. Donal is one of few remaining Irish SMA Priests working in Nigeria. There are displays around the church giving some details of the work of Fr. Donal.

ENTRANCE ANTIPHON

All the earth shall bow down before you,
O God, and shall sing to you,
shall sing to your name, O Most High!

GREETING

In the name of the Father Amen.
The Lord be with you. **And with your spirit.**

PENITENTIAL ACT

Lord Jesus, you raise us to new life:
Lord, have mercy. **Lord, have mercy.**
Lord Jesus, you forgive us our sins:
Christ, have mercy. **Christ, have mercy.**
Lord Jesus, you feed us with your body and
blood: Lord, have mercy. **Lord, have mercy.**
May almighty God have mercy on us...**Amen.**

THE GLORIA

Glory to God in the highest,
and on earth peace to people of good will.
We praise you, we bless you,
we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.
Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.

OPENING PRAYER

Almighty ever-living God,
who govern all things, both in heaven and
on earth, mercifully hear the pleading of your
people and bestow your peace on our times.
Through our Lord Jesus Christ,.....

✠ LITURGY OF THE WORD ✠

FIRST READING Isaiah 62:1-5

A reading from the prophet Isaiah

About Zion I will not be silent,
about Jerusalem I will not grow weary,
until her integrity shines out like the dawn
and her salvation flames like a torch.

The nations then will see your integrity,
all the kings your glory,
and you will be called by a new name,
one which the mouth of the Lord
will confer. You are to be a crown of



SECOND SUNDAY IN ORDINARY TIME 20th January 2019

(World Day of Migrants and Refugees) Christian Unity Week 18th – 25th

Each Sunday liturgy is like a wedding feast in which Jesus
is the bridegroom showing his love for us, - his bride, -
by providing food and drink for our innermost needs.



splendour in the hand of the Lord,
a princely diadem in the hand of your God;
no longer are you to be named 'Forsaken',
nor your land 'Abandoned',
but you shall be called 'My Delight'
and your land 'The Wedded';
for the Lord takes delight in you
and your land will have its wedding.
Like a young man marrying a virgin,
so will the one who built you wed you,
and as the bridegroom rejoices in his bride,
so will your God rejoice in you.

The word of the Lord. Thanks be to God.

RESPONSORIAL PSALM Ps 95:1-3.7-10

**R. Proclaim the wonders of the Lord
among all the peoples.**

- 1.O sing a new song to the Lord,
sing to the Lord all the earth.
O sing to the Lord, bless his name. (R)
- 2.Proclaim his help day by day,
tell among the nations his glory
and his wonders among all the peoples.(R)
- 3.Give the Lord, you families of peoples,
give the Lord glory and power,
give the Lord the glory of his name. (R)
- 4.Worship the Lord in his temple.
O earth, tremble before him.
Proclaim to the nations: 'God is king.'
He will judge the peoples in fairness. (R)

SECOND READING 1 Corinthians 12:4-11

A reading from the first letter of St. Paul to the Corinthians

There is a variety of gifts but always the same
Spirit; there are all sorts of service to be done,
but always to the same Lord; working in all
sorts of different ways in different people, it is
the same God who is working in all of them.
The particular way in which the Spirit is given
to each person is for a good purpose. One
may have the gift of preaching with wisdom
given him by the Spirit; another may have
the gift of preaching instruction given him by
the same Spirit; and another the gift of faith
given by the same Spirit; another again the
gift of healing, through this one Spirit; one,
the power of miracles; another, prophecy; another
the gift of recognising spirits; another the gift

of tongues and another the ability to interpret
them. All these are the work of one and the
same Spirit, who distributes different gifts to
different people just as he chooses.

The word of the Lord. Thanks be to God.

GOSPEL ACCLAMATION

**Alleluia, alleluia!
Your words are spirit,
Lord, and they are life:
you have the message
of eternal life. Alleluia!**



GOSPEL John 2:1-11

A reading from the Holy Gospel according to John

There was a wedding at Cana in Galilee. The
mother of Jesus was there, and Jesus and his
disciples had also been invited. When they
ran out of wine, since the wine provided for
the wedding was all finished, the mother of
Jesus said to him, 'They have no wine.' Jesus
said, 'Woman, why turn to me? My hour has
not come yet.' His mother said to the servants,
'Do whatever he tells you.' There were six
stone water jars standing there, meant for the
ablutions that are customary among the Jews:
each could hold twenty or thirty gallons. Jesus
said to the servants, 'Fill the jars with water,'
and they filled them to the brim. 'Draw some out
now' he told them 'and take it to the steward.'
They did this; the steward tasted the water,
and it had turned into wine. Having no idea
where it came from - only the servants who
had drawn the water knew - the steward called
the bridegroom and said, 'People generally
serve the best wine first, and keep the cheaper
sort till the guests have had plenty to drink; but
you have kept the best wine till now.'

This was the first of the signs given by Jesus:
it was given at Cana in Galilee. He let his glory
be seen, and his disciples believed in him.

The Gospel of the Lord. Praise to you Lord Jesus Christ.

NICENE CREED

**I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God, begotten, not made,**

consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
All bow for following three lines:

and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven and is seated
at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver
of life, who proceeds from the Father and the
Son, who with the Father and the Son is adored
and glorified, who has spoken through the
prophets.

I believe in one, holy,
catholic and apostolic Church.

I confess one Baptism for the forgiveness
of sins and I look forward to the resurrection
of the dead and the life of the world to come.
Amen

✠ LITURGY OF THE EUCHARIST ✠

Pray brothers and sisters,

**May the Lord accept the sacrifice at your
hands for the praise and glory of his
name, for our good and the good of all his
holy Church.**

PRAYER OVER THE OFFERINGS

Grant us, O Lord, we pray, that we may
participate worthily in these mysteries, for
whenever the memorial of this sacrifice is
celebrated the work of our redemption is
accomplished. Through Christ our Lord.

AFTER THE CONSECRATION

The mystery of faith.

**We proclaim your Death, O Lord, and
profess your Resurrection until you come
again.**

COMMUNION ANTIPHON

**We have come to know and to believe
in the love that God has for us.**

PRAYER AFTER COMMUNION

Pour on us, O Lord, the Spirit of your love,
and in your kindness
make those you have nourished
by this one heavenly Bread
one in mind and heart.
Through Christ our Lord.